

HEALTHY COMMUNITIES MAUI



Andrew Aoki
Islander Institute

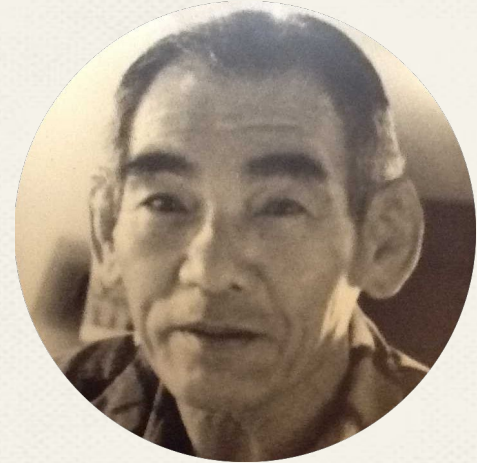
HISASHI KOCHI



1905 - *Hamakuapoko, Maui*

to 1979 - *Honolulu, O'ahu*

HISASHI KOCHI



1905

1918

1935

1941

1954

1964

1970

1979



A HEALTHY LIFE?

1905 vs. 2019

COMMUNITY HEALTH NEEDS ASSESSMENT

2018 project of Islander Institute and HAH

CHNA

- Obamacare requirement
- SDOH & health disparities
- Public document
- HAH and 19 member hospitals

OUR APPROACH



Talk story is at least as important
as statistics and expert opinions

Grounded Theory: Developing theories based on people's
lived experiences - *Barney Glaser, Anselm Strauss... Brené Brown*



My healthy place was being at my grandma's house because she loved me even when I screwed up and loved me the way my parents should have.



People talk to me like I'm stupid because I can't speak English good. If they spoke Chinese, they would know how smart I am.



I wish I could die on Lāna‘i. I love this place. But my wife needs healthcare that she can’t get on island, so we’ll likely have to move.



Working multiple jobs, there's no time for meal prep... I'll try to whip something together or get drive through at Taco Bell or Panda's... we lose sleep... I'm afraid I'm going to fall asleep at the wheel.



If I had my back teeth, I'd eat carrots.

COMMUNITY PRESCRIPTION FOR HEALTH

To be healthy, we all need...

- Security
- Justice
- Love
- Hope
- Time
- Food
- Place
- Community
- Healthy Keiki
- Healthy Kūpuna
- Care
- Available Healthcare

SO WHAT?

3 goals and 11 priorities

I. FOUNDATIONS

Basic foundation so that people have more control over their own health

1. Address financial insecurity
2. Work for equality and justice
3. Strengthen families
4. Prepare for emergencies
5. Build good food systems

II. COMMUNITY

Preserve, expand the healing properties of community

6. Restore environment and sense of place
7. Nurture community identity and cohesion
8. Invest in teens and healthy starts
9. Shift kūpuna care from “sick care”

III. HEALTHCARE

Improve relationship between people and healthcare system

10. Strengthen trust in healthcare

11. Accessible, proactive support for those with high needs

TAKEAWAYS

- Health is more than not being sick
- Rethink patient compliance
- Social problems require social solutions
- Community is a healer
- What is medicine? Who is a provider? What is a health service?



download the CHNA at...

WWW.ISLANDERINSTITUTE.COM

Andrew Aoki

andrew@islanderinstitute.com