

# HEADWATERS HEALTH FOUNDATION

## Essential Ingredients: Successful Community Health Projects

Brenda Solorzano Montana Healthy Communities Conference November 2, 2017

# Headwaters Health Foundation: Characteristics



DANIELS

ROOSEVELT

VALLEY

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- Health Conversation Foundation
- Governed by Nine Member Board of Trustees
- > \$80M Endowment in 2017; \$100M by 2021
- Service Area: Western Montana
- \$2-4M annual grantmaking budget
- Grantmaking initiation: Spring 2018

CHOUTEAU TETON RICHLAND LAKE MCCONE CASCADE FERGUS GARFIELD DAWSON LEWIS AND CLARK JUDITH MISSOULA RAIRIE ROSEBUD MEAGHER WHEATLAND MUSSELSHE ROAD-FALLON CUSTER SWEET FLLOWSTON CARTER BIG HORN POWDER MADISO BEAVERHEAD

BLAINE

PHILLIPS

GLACIER

INCOLN

FLATHEAD

TOOLE

PONDERA

> Areas Under Consideration: Social Determinants of Health & Behavioral Health

# **Essential Ingredients of Community Health Projects**



#### **Community Led**

- Define "community"
- Importance of "ground up"
- Determine input process



### **Common Goal**

- Requires strategic focus
- Mutual buy-in critical
- How measure and report success



### **Rules of Engagement**

- Decision making process
- Role clarity; importance of leadership
- Build a culture of trust



#### Resources

- Project Lead / Anchor Organization
- > Cost of convening & participation / resources
- What would facilitate participation?



#### Time

- Relationship building takes time
- Social and culture change require long term view
- Hard work requiring long term commitment



### Thoughtfulness

- > In developing framework & approach
- Evaluation & Learning
  - Evolution of approaches