



HEADWATERS HEALTH FOUNDATION

Essential Ingredients: Successful Community Health Projects

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Headwaters Health Foundation: Characteristics

- Health Conversation Foundation
- Governed by Nine Member Board of Trustees
- \$80M Endowment in 2017; \$100M by 2021
- Service Area: Western Montana
- \$2-4M annual grantmaking budget
- Grantmaking initiation: Spring 2018
- Areas Under Consideration: Social Determinants of Health & Behavioral Health



Essential Ingredients of Community Health Projects



Community Led

- Define “community”
- Importance of “ground up”
- Determine input process



Common Goal

- Requires strategic focus
- Mutual buy-in critical
- How measure and report success



Rules of Engagement

- Decision making process
- Role clarity; importance of leadership
- Build a culture of trust



Resources

- Project Lead / Anchor Organization
- Cost of convening & participation / resources
- What would facilitate participation?



Time

- Relationship building takes time
- Social and culture change require long term view
- Hard work requiring long term commitment



Thoughtfulness

- In developing framework & approach
- Evaluation & Learning
- Evolution of approaches