

# Solutions?

How to change social conditions to  
improve population health

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Understanding what causes poor health is not enough to produce change that will improve health

# Improving the evidence base

- Evaluation of programs is critical- this needs to be set in place well BEFORE we start the program/intervention
- It is possible to measure things that we think are hard to measure
- Sometimes we are lucky and we can assess the impact of policies post hoc– with great precision