



Build Healthy  
Places Network



# **NETWORK COMMONS**

## **ARE WE MAKING A DIFFERENCE? TOOLS TO MEASURE NEIGHBORHOOD-LEVEL HEALTH AND WELL-BEING**

**SUPPLEMENTAL MATERIALS**

October 24, 2017

# ADULT WELL-BEING ASSESSMENT

## 100 MILLION HEALTHIER LIVES

**Adult Well-Being Assessment**

For the first three questions please imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you.

1. Indicate where on the ladder you feel you personally stand right now.

0 1 2 3 4 5 6 7 8 9 10

2. On which step do you think you will stand about five years from now?

0 1 2 3 4 5 6 7 8 9 10

3. Now imagine the top of the ladder represents the best possible financial situation for you, and the bottom of the ladder represents the worst possible financial situation for you. Please indicate where on the ladder you stand right now.

0 1 2 3 4 5 6 7 8 9 10

4. In general, how would you rate your physical health?

Excellent Very Good Good Fair Poor

5. In general, how would you rate your mental health, including your mood and your ability to think?

Excellent Very Good Good Fair Poor

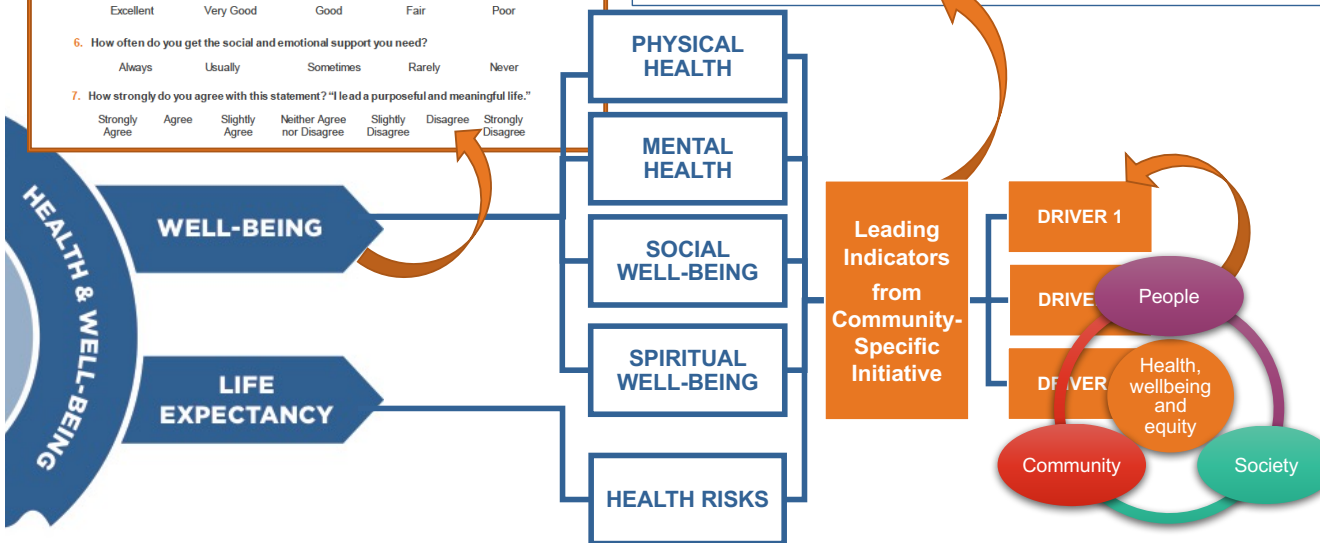
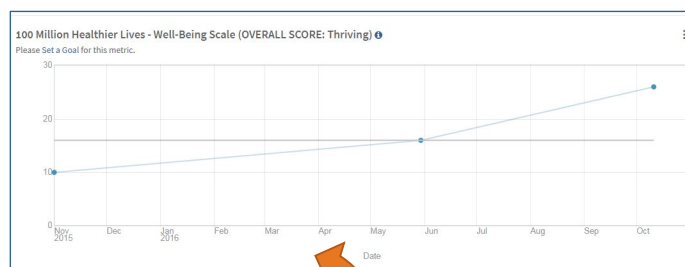
6. How often do you get the social and emotional support you need?

Always Usually Sometimes Rarely Never

7. How strongly do you agree with this statement? "I lead a purposeful and meaningful life."

Strongly Agree Agree Slightly Agree Neither Agree nor Disagree Slightly Disagree Disagree Strongly Disagree

100 Million Healthier Lives  
www.100mlives.org



[WWW.100MLIVES.ORG](http://WWW.100MLIVES.ORG)



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# HEALTH SCORECARD

## HEALTHY NEIGHBORHOODS EQUITY FUND

HNS Study screen to invest resources

### Bartlett Station

**PROJECT TYPE:**  
Mixed-income rental apartments and retail space for health-oriented occupants

**DEVELOPMENT TYPE:**  
New construction on a vacant, contaminated, former site of an MBTA bus garage

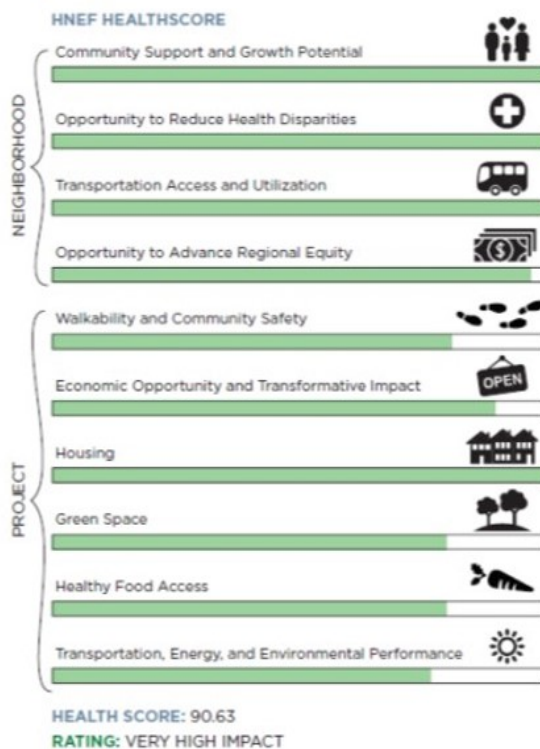
**UNITS:**  
28 rental apartments expected to convert to homeownership in the future

**TOTAL DEVELOPMENT COST:**  
\$18 million (Phase I)

**HNEF INVESTMENT:**  
\$2.9 million

**DEVELOPER:**  
Nuestra Comunidad/  
Windale Developers

**COMPLETION DATE:**  
May 2018



HNS Study measure and understand impact

HEALTHY  
NEIGHBORHOODS  
RESEARCH STUDY



HEALTHY  
NEIGHBORHOODS  
EQUITY FUND | LP

[WWW.HNEFUND.ORG/PROJECTS-ELIGIBILITY-SCREENING/](http://WWW.HNEFUND.ORG/PROJECTS-ELIGIBILITY-SCREENING/)

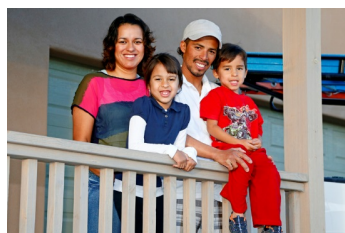


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# HEALTH TOOLS

## SUCCESS MEASURES

### Success Measures Health Tools



#### HEALTHY PEOPLE

- Individual & Community Health Status
- Individual Health Beliefs & Attitudes
- Individual Health Behaviors
- Individual Factors & Influences



#### HEALTHY PLACES

- Community Environmental Factors
- Community Demographics & Social Factors
- Availability, Quality & Cultural Sensitivity of Health Care Services
- Collaborations & Partnerships





# OPPORTUNITY360

## ENTERPRISE COMMUNITY PARTNERS, INC.

### OPPORTUNITY360 DATA TOOLKIT



**MEASURE:** Create a report for any neighborhood to assess both the available pathways to opportunity and the outcomes of opportunity at the census tract level.



**LISTEN:** Hear from community members who share what's working and what's not, and gain their personalized insights on important local issues and how to take action.



**PARTNER:** Partner with food, health, housing, job training and education programs in neighborhoods across the country.



**EVALUATE:** Assess the metrics that matter – understand, benchmark and monitor opportunity to drive better decision-making within each unique community.

[WWW.ENTERPRISECOMMUNITY.ORG/OPPORTUNITY360](http://WWW.ENTERPRISECOMMUNITY.ORG/OPPORTUNITY360)



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# TOOLS FOR COLLABORATION: MEASUREUP

## MeasureUp

Welcome to MeasureUp, a microsite of resources and tools to help you measure and describe your programs' impact on families and communities and on factors related to health. MeasureUp provides examples, tools, and resources to help you make your case, without having to become an economist.

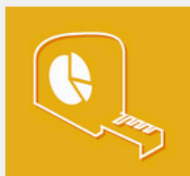
You can [dip your toe into the topic](#) or [dive deep](#). You can learn about [how to map](#) issues in your community or see how other groups are measuring impact and [the tools](#) they use. [Read stories](#) about communities that have used health metrics in community development work. And if you want to [design your own study](#), you can do that too. If you need to make your case to a funder or policymaker, [read about the evidence](#) for a link between health and community.

Here's what's available:



### Mapping Tools

Learn how to map your community's strengths and target areas.



### Measurement Tools

See how others are measuring health-related impact and find resources to help you get started.



### Evidence Base

Learn more about the effects of neighborhood on health.



### Measurement Stories

Read and watch stories from the field about measurement in action.



### Deeper Dive

Want more? Go deeper with these ideas and innovations.

[WWW.BUILDHEALTHYPLACES.ORG/MEASUREUP](http://WWW.BUILDHEALTHYPLACES.ORG/MEASUREUP)



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