



**Housing + Health:**  
Building Blocks of Equity and Opportunity

## Sonya's Story

***Sonya's Story*** is a short video which tells the aspirational story of community systems working together to support a typical Austin family of moderate means in achieving its goals.

Meet the Reyes family: Sonya, her husband Daniel and their son Matthew. The family experiences some challenges, but with the help of persons working in systems that are connected and coordinated, they obtain a medical home, a financial home, and a safe affordable place to call home.

**After viewing the video, Summit participants will be asked to engage in a table conversation to discuss the following:**

- What systems did you identify in the video that were responsive and contributed to the family's success? Was it the individuals or the systems that achieved the connections?
- How can you, your organization, and/or your sector better link and leverage the efforts of other partners to improve connections between systems?
  - Based on answers to the above question, what is one possible next step to improve cross-system coordination?

To learn more go to <http://www.cohtx.org/sonya/>



**children's  
optimal health**